



AREOLA TATTOO E-BOOK



**B.D.E.
ARTISTRY**

HOW DOES IT WORK?

This service utilizes a tattoo machine to mimic the look of natural body features, alter natural body features, or camouflage discolouration with ink that will not fade in colour over time. The results appear realistic and require zero maintenance and is meant to mimic the appearance of a natural body feature.

Hyper-realism at it's finest.

Restorative Body Tattoos are different from Cosmetic Tattoos because they are meant to last forever and are often booked as a result of a medical condition/illness, affirming a clients gender or unhappiness with your natural features.

HOW TO PREPARE?

Avoid blood thinners of any kind for 48hrs prior to your appointment.

Avoid caffeine and alcohol for 24hrs prior to your appointment.

Exfoliate and moisturize the skin two nights before your appointment. Keep the skin moisturized.

Drink lots of water.

Shower and workout before your appointment to prepare for after care.

Prepare to lay flat for 30 min - 2hrs.

WHAT TO EXPECT DURING YOUR APPOINTMENT

First we will cleanse the skin with alcohol and map out the areola(s) however you'd like. Once we have agreed on the shape and size, we will begin tattooing!

Once the tattoo is complete, we will take photos and cover the tattoo with second skin before going over your aftercare!

AFTERCARE

DAYS 1-3: Your tattoo will be covered with a clear adhesive bandage. You may notice blood and ink will 'ooze' from the skin under the bandage, this is normal. You will need to remove your bandage and clean the tattoo gently on day 3 with lukewarm water and pat dry with paper towel.

DAYS 4-7: Avoid direct water and sun on the area (don't aim the shower at it, avoid hot tubs/baths/saunas). If it gets wet, pat it dry gently with paper towel.

DAY 8-14: Apply a small amount of unscented lotion daily to keep the tattoo moisturized. Avoid direct sun on the area.

DAY 15-30: Your tattoos true colour will be visible and you can fully resume your normal routine.

LONG TERM CARE

Areola tattoos are permanent, which means they do not require maintenance sessions and will last forever in the skin.

WHY CHOOSE B.D.E. ARTISTRY?

B.D.E. Artistry was created out of my love for all things esthetics, tattoos and the journey and practice of self love. I am committed to providing excellent customer service as well as high quality services and products in a welcoming and clean studio space.

I have been performing Esthetics services since 2016 and Tattoo services since 2018. This has given me the opportunity to work with multiple product lines, on many skin types and on many clients.

I am confident that I can achieve natural looking, low maintenance results for every client and ensure that you receive a comfortable, professional and safe service with every visit.